

Healthy Living Centre Gym

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	
Monday		Family Fitness																
Tuesday		Family Fitness						Health Referral Session			Junior Gym							
Wednesday		Family Fitness																
Thursday		Family Fitness						Health Referral Session			Junior Gym							
Friday		Family Fitness																
Saturday				Family Fitness														
Sunday				Family Fitness														

- Member of the gym team available
- Gym will be unmanned at these times - contact reception for assistance
- Junior Gym
- Family Fitness
- Health Referral Session

For more information on our centre and activities please visit www.chesterfield.gov.uk/leisure

